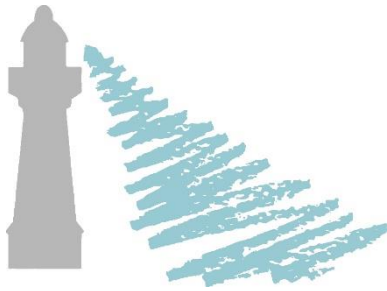


DOVER COUNSELLING CENTRE



Email admin@dovercc.org.uk **Tel 01304 204123**

DCC are offering a unique

‘Returning to Education, after Covid 19, Wellbeing Package’ for primary, secondary schools and colleges.

The package is targeted at supporting staff and students alike in a flexible and individually tailored and group manner, remotely or on site.

We deliver training workshops for school staff, students, and parents.

Focus being on developing resilience, communication, confidence, collaboration, and cooperation.

- **Adapting and returning to the classroom psychologically**
- **Managing heightened anxiety**
- **Dealing with government legislation and delivery**
- **General coping mechanisms**
- **Stabilising stress**
- **Family liaising service**
- **Family therapy**
- **School welfare hubs**
- **Clinical supervision**

For more information please contact us at admin@dovercc.org.uk or phone 01304 204123

Dover Counselling Centre is a charity limited by guarantee Charity Number 800988 Company Number 2334448

Dover Counselling Centre Horizon House Gordon Road Whitfield Dover Kent CT16 2ET