

Subject Title – Subject Leader Name

Year 3 Term 1	Year 3 Term 2	Year 3 Term 3	Year 3 Term 4	Year 3 Term 5	Year 3 Term 6
<p><u>Invasion Games</u></p> <p><u>Learning Objectives for the term.</u></p> <p>I can change direction by bending my knees when running.</p> <p>I can chest pass with correct technique in a general direction.</p> <p>I can kick from the floor with correct technique in a general direction.</p> <p>I can kick a football from the floor less than 10m.</p> <p>I can walk straight with ball at feet – controlled.</p>	<p><u>Gymnastics</u></p> <p><u>Learning Objectives for the term.</u></p> <p>Floor shapes:</p> <ul style="list-style-type: none"> • Front, back, side support • Crab and bridge • V-sit • Shoulder stand • Levers <p>Basic Floor Movements:</p> <ul style="list-style-type: none"> • Side Roll to Knee • Teddy Bear Roll • Forward Roll • Diving Forward Roll • Backward Roll <p>Apparatus:</p> <ul style="list-style-type: none"> • Mounting the vault • Straight Jump • Star Jump • Tuck Jump • Straddle Jump • Pike Jump 	<p><u>Net/Wall games</u></p> <p><u>Learning Objectives for the term.</u></p> <p>I can underarm throw in a general direction</p> <p>I can catch small balls when bounced with a prompt.</p> <p>I can strike a ball (self-bowled) in a general direction.</p> <p>I can strike a ball (self-bowled) in a general direction.</p>	<p><u>Dance</u></p> <p><u>Learning Objectives for the term.</u></p> <p>Can select appropriate movements and actions which match the stimulus.</p> <p>Can compose short movement patterns with a beginning and end.</p> <p>Can explore how to change actions and movements.</p> <p>Can link basic movements and actions together to create simple movement patterns.</p> <p>Can perform basic travels, gestures, turns, jumps and balances with some composure and control.</p> <p>Can remember and perform short dance movement patterns.</p>	<p><u>Strike/ Field games</u></p> <p><u>Learning Objectives for the term.</u></p> <p>I can overarm throw in a general direction.</p> <p>I can underarm throw in a general direction.</p> <p>I can catch small balls when bounced with a prompt.</p> <p>I can strike a ball (self-bowled) in a general direction.</p>	<p><u>Athletics</u></p> <p><u>Learning Objectives for the term.</u></p> <p>I can overarm throw for power 5-9m.</p> <p>I can Jump for Distance: 30 - 59cm.</p> <p>I can Jump for Height 5-9cm / 10-14cm</p> <p>I can sprint 50m within 13-10 secs.</p> <p>I can 400m within 2:30-2:01.</p> <p>I can 60m Hurdle within 25–18 secs.</p> <p>I can chest push more than 8m.</p>

Subject Title – Subject Leader Name

	<ul style="list-style-type: none"> Walking on the bench V-sit on the bench Basic floor shapes 				
Year 4 Term 1	Year 4 Term 2	Year 4 Term 3	Year 4 Term 4	Year 4 Term 5	Year 4 Term 6
<p>Invasion Games</p> <p><u>Learning Objectives for the term.</u></p> <p>I can complete 18-21 sprints in 60 secs.</p> <p>I can chest pass accurately to a static partner 3-5m away.</p> <p>I can catch medium size balls when thrown with a prompt.</p> <p>I can kick a football from the floor 10-15m.</p> <p>I can kick from the floor accurately to a static partner 3-5m away.</p> <p>I can kick from the floor accurately to a</p>	<p>Gymnastics</p> <p><u>Learning Objectives for the term.</u></p> <p>Floor shapes:</p> <ul style="list-style-type: none"> V-Sit Shoulder stand Lever One foot balances (Y +T) Headstand <p>Floor movement:</p> <ul style="list-style-type: none"> Teddy Bear Roll Forward Roll Dive Forward Roll Backward Roll <p>Apparatus:</p> <ul style="list-style-type: none"> Tuck Jump Straddle Jump Pike Jump Half Turn Jump V-Sit 	<p>Net / Wall games</p> <p><u>Learning Objectives for the term.</u></p> <p>I can underarm throw to hit a large target from 3m.</p> <p>I can catch small balls when underarm thrown with a prompt.</p> <p>I can strike a ball, when bowled underarm with a prompt, in a general direction.</p>	<p>Dance</p> <p><u>Learning Objectives for the term.</u></p> <p>Can explore actions which express their ideas for dance</p> <p>Can compose short movement patterns/dances with a clear beginning and end.</p> <p>Can change actions and movements through dynamics, space and working with a partner.</p> <p>Can link basic movements and actions together to create movement patterns and short dances.</p> <p>Can perform a range of travels, gestures, turns, jumps and balances with increasing composure and control.</p> <p>Can remember and perform short dance routines to other children (1-8 steps).</p>	<p>Strike and Field games</p> <p><u>Learning Objectives for the term.</u></p> <p>I can overarm throw accurately to a large target 5-10m away.</p> <p>I can underarm throw to hit a large target from 3m.</p> <p>I can catch small balls when underarm thrown with a prompt.</p> <p>I can strike a ball, when bowled underarm with a prompt, in a general direction.</p>	<p>Athletics</p> <p><u>Learning Objectives for the term.</u></p> <p>I can overarm throw for power 10-19m.</p> <p>I can Jump for Distance: 60 – 89cm.</p> <p>I can Jump for Height 10-14cm.</p> <p>I can 50m under 10 secs.</p> <p>I can 400m under 2:00.</p> <p>I can 60m Hurdle within 17-14 secs.</p> <p>I can chest push more than 8m.</p>

Subject Title – Subject Leader Name

<p>static partner 3-5m away.</p>	<ul style="list-style-type: none"> • Basic floor shapes on bench • Variety of jumps on the bench 		<p>Can use a success criteria to give feedback to others.</p>		
<p>Year 5 Term 1</p>	<p>Year 5 Term 2</p>	<p>Year 5 Term 3</p>	<p>Year 5 Term 4</p>	<p>Year 5 Term 5</p>	<p>Year 5 Term 6</p>
<p>Title of the Term: Invasion Games</p> <p>Learning Objectives for the term. I can chest pass accurately to a static partner 5m+ away</p> <p>I can catch medium size balls when thrown at different heights and directions</p> <p>I can change direction with ball at feet – controlled</p> <p>I can complete 26-30 sprints in 60 secs</p>	<p>Title of the Term: Gymnastics</p> <p>Learning Objectives for the term. Floor Shapes: Levers One Foot Balances (Y&T) Headstand Handstand</p> <p>Floor Movement: Forward Roll Dive Forward Roll Backward Roll Cartwheel</p> <p>Apparatus: Half Turn Straight Jump Full Turn Straight Jump Basic Floor Shapes on the Bench Variety of Jumps on the Bench Leap on the Bench</p>	<p>Title of the Term: Net/Wall Games</p> <p>Learning Objectives for the term. I can underarm throw to hit a large target from 5-10m</p> <p>I can catch small balls when underarm thrown accurately</p> <p>I can strike a ball, when bowled underarm, accurately</p>	<p>Title of the Term: Dance</p> <p>Learning Objectives for the term. Composition: Explore Structure Develop Link</p> <p>Performance: Physical Skill and Audience Movement Memory</p> <p>Appreciation: Give Feedback Respond to Feedback</p>	<p>Title of the Term: Strike and Field Games</p> <p>Learning Objectives for the term. I can overarm throw accurately to a static partner 5-15m away</p> <p>I can underarm throw to hit a large target from 5-10m</p> <p>I can catch small balls when underarm thrown accurately</p> <p>I can strike a ball, when bowled underarm, between 5-10m</p>	<p>Title of the Term: Athletics</p> <p>Learning Objectives for the term. I can 75m within 20-16 secs</p> <p>I can 600m within 5:00-3:31</p> <p>I can Jump for Height 30-34cm</p> <p>I can Jump for Distance: 150 – 179cm</p> <p>I can chest push 4-6m</p> <p>I can 60m Hurdle within 25–18 secs</p> <p>I can overarm throw for power 26-30m</p>

Subject Title – Subject Leader Name

Year 6 Term 1	Year 6 Term 2	Year 6 Term 3	Year 6 Term 4	Year 6 Term 5	Year 6 Term 6
<p>Title of the Term Invasion Games</p> <p>Learning Objectives for the term.</p> <p>I can complete 31+ sprints in 60 secs</p> <p>I can chest pass accurately to a moving partner</p> <p>I can catch consistently when I am moving</p> <p>I can kick a football from the floor 25-35m</p> <p>I can avoid obstacles and change direction with control</p>	<p>Title of the Term Gymnastics</p> <p>Learning Objectives for the term.</p> <p>Floor shapes: Front and Back Support Pair/Trio Balances Planche & Frog Balance Y Balance & T Balance Headstand & Handstand</p> <p>Floor Movement: Forward Roll Diving Forward Roll Backward Roll Cartwheel</p> <p>Apparatus: Star & Tuck Jump Straddle & Pike Jump ½ Turn and Full Turn Jump Turn Jumps on the Bench Leaping on the Bench Climbing up and down Traversing/Sideways</p>	<p>Title of the Term Net/Wall Games</p> <p>Learning Objectives for the term.</p> <p>I can strike a ball, during a rally of hits, with some accuracy and control</p> <p>I can catch small balls when thrown at different speeds, directions and heights</p> <p>I can underarm throw to hit a large target from 5-10m</p>	<p>Title of the Term Dance</p> <p>Learning Objectives for the term.</p> <p>Composition: Explore Structure Develop Link</p> <p>Performance: Physical Skill and Audience Movement Memory</p> <p>Appreciation: Give Feedback Respond to Feedback</p>	<p>Title of the Term Strike & Field Games</p> <p>Learning Objectives for the term.</p> <p>I can overarm throw accurately to a static partner 16-30m away</p> <p>I can underarm throw a small ball to a static partner (5-10m) with accuracy</p> <p>I can catch small balls when thrown at different speeds, directions and heights</p> <p>I can strike a ball, when bowled underarm, between 11-20m</p>	<p>Title of the Term Athletics</p> <p>Learning Objectives for the term.</p> <p>I can 75m within 15-12 secs</p> <p>I can 600m within 3:30-2:31</p> <p>I can Jump for Height 35-39cm</p> <p>I can Jump for Distance: 150 – 179cm</p> <p>I can chest push 6-8m</p> <p>I can 60m Hurdle within 17-14 secs</p> <p>I can overarm throw for power 30 - 34m</p>

Subject Title – Subject Leader Name

	2 & 3 Point Hold				
--	------------------	--	--	--	--